



WEST SUSSEX ASSOCIATION FOR THE BLIND

Annual Review 2010

*'Supporting blind and partially
sighted people'*

Charity No: 1075447

Company No: 3740647

ANNUAL REVIEW 2010

This summary of our current services and performance is just a short snapshot of the work that 4SIGHT does to support people with sight loss. Our Annual Report and Accounts are available to those who want more information. Call 01243 828555, or visit our website www.4sightsussex.co.uk

WHO WE ARE AND WHAT WE STAND FOR

4SIGHT – West Sussex Association for the Blind - was established in 1921. In the last year we supported over 2,000 members, and delivered services to over 5,000 people, with a wide range of practical support solutions to help them remain independent following sight loss.

Our main aim at 4SIGHT is to improve the lives of vision impaired people, whoever they are, whatever they do, wherever they find themselves. We do this through information, guidance, advocacy, home visits and direct support.

Our aims are to enable people to:

- Adjust to sight loss
- Make the best use of low vision
- Combat social isolation
- Access appropriate information and advice
- Maintain independence
- Participate actively in their communities and family life
- Access facilities and open spaces, across town and country
- Access high quality personal social care and clinical services, with appropriate and timely choices
- Influence service design, provision, commissioning and planning
- Make informed choices about their own health and wellbeing

4SIGHT also;

- Campaigns to remove barriers to independence and inclusion
- Promotes eye health
- Supports volunteering and employment of blind and partially sighted people
- Ensures that blind and partially sighted people participate fully in the governance of 4SIGHT.

We do this work largely thanks to the help of over 500 volunteers, including our Board of Trustees, who oversee and direct the work of the organisation. We are also a membership organisation, so elected service users are a key part of our Board. We now have six Area Committees, based on local authority boundaries in which our members and volunteers participate.

OVERVIEW OF THE LAST YEAR

At our last AGM members voted to widen the scope of our potential operations, without altering our fundamental aims of supporting blind and partially sighted people. Our challenge last year was to develop our services, whilst streamlining our overheads and management costs, which we managed to achieve.

We are a key service provider in West Sussex with a unique personal style of local Contact Officer delivery. We have reduced costs whilst delivering greater support to individuals, clubs and other organisations.

During the year the Trustees approved a reduction in the membership fee to only £5 per annum, recognising the financial situation of many members. Free 4SIGHT associate membership for those in full time education and in receipt of benefits was maintained, with most 4SIGHT services remaining free to members.

Our Resource Centres are located in Bognor Regis, Crawley, Shoreham and now Burgess Hill. We also continued to benefit from our collaborative working approach, including the Partnerships for Older People Project (POPP) in several localities. We also support carers from diverse communities in Crawley funded by the Carers Grant.

Our work in the Worthing and Chichester Eye Clinics has been groundbreaking and unique, with nurses providing 4SIGHT's Listening and Information services, Sight Care Advisors, and Low Vision Clinics. Our service models have been adopted by the NHS in West Sussex, as part of the overall strategy for Community Eye Services, and we hope to be able to develop these services throughout Sussex in the coming year.

4SIGHT had nearly 2,000 individual members at 31 March 2010.

We have over 500 volunteers, and 16 full time equivalent staff (24 people)

During the year 2009/10 4SIGHT was very active with :

- **2,500** Listening & Information Contacts in Eye Clinics
- **300** Low Vision Assessments
- **1,300** Contact Officer visits to individuals & local organisations
- **6,000** Resource Centre calls
- **1,200** equipment sales
- **40** regular club meetings attended by over **500** members
- **450** Radio users
- Over **500** volunteers giving over **25,000** hours of input
- **150** group activities with over **1500** participants

4SIGHT SERVICES

4SIGHT provide free access to the following universal services:

- Information and Advice at our four Resource Centres
- Advice on equipment purchase at Resource Centres
- Attendance at public Sensory Days and Open Days
- Listening and Information Services at two Hospital Eye Clinics and a telephone advice service with Sight Care Advisors
- Diverse Communities Carers Support Scheme (based in Crawley)

4SIGHT Membership gives access to the following services:

- Newsletters in large print, Braille or audio formats
- Resource Centre Support Services
- Counselling (based in Shoreham)
- Audio Library loans in CD or cassette formats
- 4SIGHT Social, Activity, Sport or Special Interest Clubs (over 40 to choose from across the county)
- Employment Advice and Support
- Crossword and Sudoku Postal Service
- Equipment Loan – short term
- Advice on Equipment Purchases
- Home Visitor and Befriending Services
- Contact Officers Community Support Service
- Computing and Technology Advice and Support
- Kitchen Skills Training and Advice
- Low Vision Assessments
- British Wireless for the Blind Radio/CD services
- Transcription into Braille, audio or CD formats
- Club activities, events and transport

Volunteer members also receive a specific newsletter, sight awareness and other training and support relevant to their role.

4SIGHT Clubs, Events and other activities will sometimes include charges for materials, entrance fees and transport.

Our Charity Shop provides a High Street presence for us in Bognor Regis, recycling used items for sale, with all proceeds benefiting the charity. We rely on donated items from the public.

FUNDRAISING

We rely on fundraising activities, events, donations, legacies and other initiatives to meet the annual costs involved in running 4SIGHT which amount to over £600,000.

In the last financial year we have secured income from various sources which has helped us to deliver services to meet our aims. We would like to record our thanks to all who have given so generously to 4SIGHT. The following local councils, trusts, foundations and companies are amongst those whom have supported and funded us in the last year:

<i>Adur District Council</i>	<i>Longley Trust</i>
<i>Arun Wellbeing & Health</i>	<i>Carmen Butler-Charteris Charitable Trust</i>
<i>Chichester District Council</i>	<i>West Sussex Travel Society</i>
<i>West Sussex County Council</i>	<i>Paycare Charitable Trust</i>
<i>The Bowerman Charitable Trust</i>	<i>The Good Neighbours Trust</i>
<i>Coutts Charitable Trust</i>	<i>White Stuff</i>
<i>Friarsgate Trust</i>	<i>Waitrose</i>
<i>Richard Radcliffe Charitable Trust</i>	<i>John Wiley</i>
<i>Charles Shorto Charitable Trust</i>	<i>Geoffrey Osborne Ltd</i>

We would also like to extend our gratitude to the large number of parish, city and town councils, Lions, Rotary and other community organisations within the county who have supported us financially and in kind.

4SIGHT also run a number of community events each year to raise funds, and to increase the profile of our charity. These events are well supported by a large number of volunteers who assist in their organisation and running, and of course the general public to whom we are very grateful. We also held several street and store collections throughout the year to generate further funds. Local collections are utilised in the Areas that they take place.

OUR SOURCES OF FUNDING 2009/10

<i>Voluntary donations & legacies</i>	<i>29%</i>	<i>Equipment & Transcription Sales</i>	<i>12%</i>
<i>Events and Sponsored Activities</i>	<i>5%</i>	<i>Clubs</i>	<i>8 %</i>
<i>Charity Shop</i>	<i>7%</i>	<i>Membership Fees</i>	<i>1%</i>
<i>Grants – Resource & Carers</i>	<i>19%</i>	<i>Training, Access to Work</i>	<i>2%</i>
<i>Service Level Agreements</i>	<i>17%</i>	<i>Total</i>	<i>100 %</i>

4SIGHT (West Sussex Association for the Blind)

Statement of Financial Activities

Year Ended 31st March 2010

INCOMING RESOURCES

Incoming resources from generated funds	£
Voluntary Income	194,380
Activities for generating funds	32,839
Investment Income	8
Charity Shop Income	44,636
Incoming resources from charitable activities	
Grants receivable	238,128
Sales of appliances, equipment and transcription	79,423
Clubs income	56,964
Membership subscriptions	6,833
Other incoming resources	<u>15,266</u>
TOTAL INCOMING RESOURCES	<u>668,477</u>

RESOURCES EXPENDED

Cost of generating funds:	
Costs of generating voluntary income	28,291
Fundraising trading costs	24,119
Charity shop trading costs	62,307
Charitable activities	
Listening & information service	70,521
Resource & transcription	133,783
Contact & read/write service	280,947
Kitchen service & Health Hub	4,811
Clubs	50,957
Governance costs	<u>36,021</u>
TOTAL RESOURCES EXPENDED	<u>691,757</u>

Net outgoing resources for the year (23,280)

The financial summary on this page has been agreed by Sheen Stickland LLP, Chartered Accountants, as being consistent with the full financial statements and the Trustees' report for the year ended 31st March 2010. These were prepared in accordance with the Statement of Recommended Practice "Accounting and Reporting by Charities" 2005 and received an unqualified audit opinion on 24th August 2010.

These summarised accounts may not contain sufficient information to allow for a full understanding of the financial affairs of the charity. For further information the full accounts, the auditor's report on those accounts and the Trustees' annual report should be consulted. Copies of these can be obtained from 4SIGHT Bradbury Centre, 36 Victoria Drive, Bognor Regis, West Sussex, PO21 2TE or from one of the other addresses listed on the back cover of the Review. The full accounts have been submitted to the Charity Commissioners and the Registrar of Companies.

'A TASTE OF 4SIGHT'



New 4SIGHT club
'Culture Vultures' on an outing to
Chichester Festival Theatre



A 4SIGHT volunteer working
in the Audio Library



A band playing at the
4SIGHT Hobbs Farm Music
Festival fundraiser, raising
over £20,000



A 4SIGHT Contact Officer
demonstrating resources in
one of our centres

4SIGHT Contact Details

BOGNOR REGIS RESOURCE & CHARITY HQ *(and services covering Arun and Chichester districts)*

4SIGHT Bradbury Centre
36 Victoria Drive, Bognor Regis,
West Sussex, PO21 2TE
Main Tel: **01243 828 555** Fax: 01243 838 003
Email: enquiries@4sightsussex.co.uk

BURGESS HILL RESOURCE CENTRE

(covering Mid Sussex)
36 – 38 Church Road, Burgess Hill,
West Sussex, RH15 9AE
Main Tel: **01444 248653**
Email: burgesshill@4sightsussex.co.uk

CRAWLEY RESOURCE CENTRE

(covering Horsham and Crawley)
The Orchard, 1-2 Gleneagles Court, Brighton Road,
Crawley, West Sussex, RH10 6AD
Main Tel: **01293 657 090**
Email: crawley@4sightsussex.co.uk

SHOREHAM RESOURCE CENTRE

(covering Adur, Worthing and Chanctonbury)
East Wing Civic Centre, Ham Road,
Shoreham-by-Sea,
West Sussex, BN43 6PA
Main Tel: **01273 454 343**
Email: shoreham@4sightsussex.co.uk

LISTENING AND INFORMATION SERVICE

4SIGHT - Worthing Hospital Eye Clinic
Direct Number: **01903 285 281**

LISTENING AND INFORMATION SERVICE

4SIGHT - St Richard's Hospital Eye Clinic
Tel: **01243 788 122 ext. 3515**

4SIGHT BOGNOR REGIS CHARITY SHOP

Unit 6, The Arcade, High Street,
Bognor Regis, West Sussex, PO21 1LL
Tel: **01243 861 776**